



THE LITTLE HOUSE NURSERY MENU

WEEK 1

MONDAY	SPAGHETTI QUORN BOLOGNAISE, CARROTS & PEAS
TUESDAY	CHICKEN STROGONOFF, SWEETCORN/ BROCCOLI
WEDNESDAY	ORGANIC BEEF SAUSAGES, GRAVY, RICE, GREEN BEANS/ BROCCOLI
THURSDAY	OVEN BAKED CHICKEN & MACARONI CHEESE, COURGETTES, PEAS
FRIDAY	FISH FINGERS, BOILED POTATOES, BAKED BEANS

WEEK 2

MONDAY	COTTAGE PIE, MASHED SWEDE, GREEN LENTILS
TUESDAY	HOMEMADE PIZZA MARGHERITA, COURGETTE/PEAS
WEDNESDAY	TUNA AND PASTA BAKE, CARROTS, PEAS
THURSDAY	CHICKEN CASSEROLE, COUSCOUS, BROCCOLI & SPINACH
FRIDAY	FISH FINGERS, BOILED POTATOES, BAKED BEANS

WEEK 3

MONDAY	COD FISH PIE, WHITE CABBAGE, CARROTS
TUESDAY	PASTA WITH TOMATO SAUCE AND MUSHROOMS, GREEN BEANS, PEAS
WEDNESDAY	CHICKEN STRIPS, GRAVY, COUSCOUS, BROCCOLI, SWEETCORN
THURSDAY	ORGANIC BEEF SAUSAGES, GRAVY, MASHED POTATOES, PARSNIPS
FRIDAY	FISH FINGERS, BOILED POTATOES, BAKED BEANS

WEEK 4

MONDAY	MEATBALLS, MASHED POTATOES, MASHED SWEDE
TUESDAY	RED LENTIL RISsoles, CHICK PEAS, CARROTS & PEAS
WEDNESDAY	TUNA FISH CAKES, BOILED POTATOES, GREEN BEANS, GRILLED TOMATOES
THURSDAY	PASTA WITH TOMATO SAUCE, GREEN SALAD
FRIDAY	FISH FINGERS, BOILED POTATOES, BAKED BEANS